



Annual Report 2025

Prepared by
Glenn Seville



Prepared for
Sunshine Centres
for Seniors

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Our Vision & Mission



Company Vision

Our team of committed volunteers and staff work together to ensure that every person who participates in our programs is treated with dignity and respect. The lives of our participants, our volunteers, and our staff are enriched through the fellowship, joy, and fun experienced at Sunshine Centres. We are proud of the work we do. We are rewarded by the knowledge that we make a difference to each other, to our participants, and to our communities. **We spread sunshine.**

Company Mission

Sunshine Centres for Seniors is a non-profit organization providing social, recreational and health promotion day programs for seniors in the Greater Toronto Area. Our mission is to reduce social isolation, improve the health and well-being of older adults and to empower them to lead meaningful and connected lives in which they are engaged and participating in the community. Through our many centres including our Camp Sunshine program on Ward's Island, we are committed to providing inclusive, interactive, and accessible programs that make a difference in the lives of seniors, promoting independence, a sense of belonging to a supportive community, and fostering a sense of purpose in life.





Our Values



01

Caring

Compassionate, empathetic, friendly



02

Innovation & Excellence

Imagination and creativity, teamwork and striving for excellence



03

Respect

Diversity, cultural values and beliefs, inclusiveness and fairness, promoting equality and upholding dignity



04

Accountability

Responsibility, transparency, honesty, confidentiality, integrity, and safety



05

Independence

Autonomy and freedom of choice to participate however the seniors wish



Co-Chair's Report

2025 was another busy and successful year at Sunshine Centres for Seniors. Some of the highlights of the year include:

- Approximately **2,245 unique seniors** participated in our programs;
- Our **total attendance** for the year was **12,253**;
- We offered **734 sessions** with a total of **2,670 programming hours**;
- **57 external groups** and **8 Sunshine Centres' own groups** attended our Camp Sunshine program, many of which came more than once throughout the summer;
- Our **program sites numbered 8 with 7 of these located in inner city neighbourhoods** and one on Ward's Island.
- We launched **3 new sites in October**, thanks to a new 3 year Grow Grant from the Ontario Trillium Foundation
- **100 seniors** participated in our first Active Living Fair, enjoying educational presentations, active living demonstrations, and trade show exhibitors. A second successful fair was held in November.
- **96% of 123 seniors** who completed an evaluation survey indicated that our program increased their social connections and their sense of belonging;
- We moved our management / administration office to a **new location on Merton St.** due to the disruption of the construction of the new Ontario subway line.

As always, we'd like to thank our staff, both program staff and management, for their wonderful caring, enthusiasm, energy, creativity and hard work. And of course they are led by our Executive Director, Jacquie Buncel, who inspires us all with her dedication to our seniors over the past many years. Many thanks also to our volunteers who help in so many ways to supplement our staff and allow us to serve more seniors. Thank you to our fellow board members whose wise counsel helps us and Jacquie steer the organization through the ups and downs of managing a non-profit.

We also want to thank all of our funders, without whom we couldn't continue to operate: all three levels of government (federal, provincial and municipal), the United Way of Greater Toronto, as well as many private funders and foundations. Many thanks go to the Ontario Trillium Foundation for the new 3 year grant. And a very special thanks to our major private supporter for the past several years, the George C. Hunt Family Foundation, whose generous grant has allowed us to expand our programs and to reach many more seniors.



**Susan Roller and
Veena Balram**

Co-Chairs of the Board
of Directors





CEO Message

Message from the CEO

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Jacquie Buncel

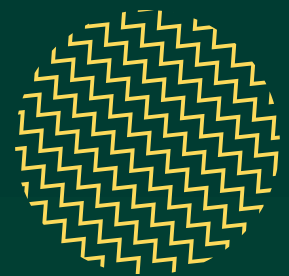
Chief Executive Officer





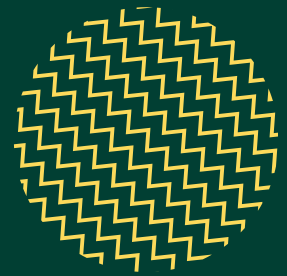
Our Team

Administrative and Program Staff



Jacquie Buncel
Edil Bustamante De Wong
Jaymie Daunt
Michelle Albert
Glenn Seville
Kevin Pook
Lanie Piluden
Sergio Alvarez
Sandy Chan
Victor Li
Zuzanna Kukulka
Ming Chan
Ayysha Khan
Dielle Lobo
Afsana Chowdhury
Zarin Abbas
Anne McGrath
Fatima Abdillahi
Emily Ishikawa
Maroua Belfqih
Erika Torres
Masoom Hakimi
Regina Aritotuomah
Bhagath Charamparabil
Soyoung Yu

Executive Director
Finance Manager
Senior Manager, Community Services & Operations
Program Supervisor
Communications & Volunteer Coordinator
Seniors Home Maintenance Supervisor
Camp Sunshine Assistant Supervisor
Program Coordinator
Program Coordinator
Program Coordinator (until December 2025)
Program Coordinator
Program Assistant
Program Assistant
Program Assistant
Program Facilitator, Bengali Program (until Oct 2025)
Program Facilitator, Bengali Program
Banking Assistant
Camp Sunshine Staff
Camp Sunshine Staff
Camp Sunshine Staff
Camp Sunshine Staff
Camp Sunshine Staff
Placement Student, Nursing, York University
Placement Student, SSW, Seneca College
Placement Student, Nursing, York University



Our Team

Board of Directors

Susan Roller

President, Co-Chair

John O'Connor

1st Vice President

Veena Balram

2nd Vice President, Co-Chair

John Wallace

Secretary

Jason Gaiotto

Treasurer

Kevin Workentin

Director

Yona Frishman

Director

David Hooper

Director

Rosie Sears

Director





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Volunteers



Sunshine Centres for Seniors is grateful for our volunteers' unwavering dedication and commitment to our seniors and community. In addition to our individual volunteers at our drop-in programs, we had over 210 volunteers from corporate groups donate their time to Camp Sunshine and various Sunshine events. Thank you to all of our volunteers for supporting and bringing sunshine to our seniors.

ALAN GOTLIB
BARRY CAVEN
BETSY CANFIELD
BRIDGETTE ANDERSON
BRUCE HARROTT
CHERYL CLARKE
CHRISTINE KOBIC
CLAUDETTE MORI
COLIN SWIFT
DANICA BROWN
DANIEL KRASNER
DANIELA CASTELLANOS
DARLENE BRADBURY
DARREN ELLIOTT
DAVID ACKERMAN
DORCUS NALUBUGA
DOROTHY ZAHORA
EDMUND AREVALO
ELAINE SALONGA
EUFEMIA PRUDENTE
FAREEDA YASMEEN
GEORGE STEWART
GRACE ROGALSKI
HAYLEY (OI KUEN) WONG
HELEN JHANG
HUA (JESSIE) YU
HUIHUA (CAROL) LU

JAMES GLAAB
JAN EADIE
JASMEET KAUR
JAZMIN ARON
JEFF SCHMIDT
JIM O'ROURKE
JILL FILLION
JOHN CORSO
JOHN JOSEPH MASTANDREA
JOHN VIGNA
KAZIK JEDRZEJCZAK
KAYE FERRIS
KAY WONG
KENWAY LEUNG
KIERA TOFFELMIRE
KRUPSKAIA ESPINOZA
LAURA DERECH
LINDA CLOWES
LOMA LO
LOUIS LANDRY
LUCY FUKUSHIMA
MAHMOUD MALHIS
MARIA PABON
MARITZA MIQILENA
MARLIN ROY
MAROUA BELFQIH
MYA TRAN

NEIL MUDDE
ODETTE CASTELLO
OLABISI LYDIA KOREDE
PARVEEN DURRANI
PAUL COLLINS
PETER MCNAUGHTON
PETER SMALL
PRATIMA SRIVASTANA
MIKE WARREN-DARLEY
ROOPKAMAL KAUR
SABRINA XU
SANDY KRZYZANOWSKI
SHAHEEN KAUSER
SHIRLEY WELDON
SILKY VIRDI
SONIA BROCK
SUDESH SAMLAL
SUSEL LEON
TERRY CHRISTENSEN
TOM DING
TONY CHEN
TIM GRIST
TRICIAA PLENDERLEITH
TRINI FILLON
TRISH ADAMS
VICTORIA OGLEY
YUYAO HUANG



VOLUNTEER RECOGNITION

3 YEARS

DARLENE BRADBURY
FAREEDA YASMEEN
HUA (JESSIE) YU
SHAHEEN KAUSER

5 YEARS

BARRY CAVEN

10 YEARS

VEENA BALRAM

20 YEARS

LAURA DERECH
PAUL COLLINS
SUSAN ROLLER

40 YEARS

JOHN O'CONNOR



In-Person Programs



Camp Sunshine

We provided a comprehensive program with 84 camp sessions, welcoming 65 community groups, retirement homes, and long-term care facilities for lively day outings at our cottage-like centre. Activities ranged from golf cart rides and sing-a-longs to gentle fitness sessions, nature walks, crafts, games, and socializing opportunities. A total of 1,587 seniors participated in Camp Sunshine, contributing to a robust summer attendance of 2,162 visits.

In 2025, Camp Sunshine on Ward's Island brought joy to our seniors with five exciting community events, including our Intergenerational Rainbow Pride Festival, Indigenous Heritage Day, Strawberry Festival, Sports & Games Fair, Harvest Festival, and 3 Xenia Concerts. Fun and connection filled the air, creating cherished memories for all.



St. Jamestown Programs



460 Jarvis • 84 Carlton • Wellesley Community Centre

The St. James Town Program at Sunshine Centres continues to be a welcoming and vital hub for low-income, racialized, and 2SLGBTQIA+ seniors. Our culturally responsive programming includes gentle exercise, discussion groups, music, arts and crafts, educational workshops, games, brain trivia, outings, intergenerational initiatives, holiday celebrations, and nutritious meals and refreshments. In response to growing demand at our 460 Jarvis site, we expanded our service delivery by adding an extra program day. By fostering social connection, joy, and belonging, the St. James Town Program offers a vibrant and supportive space where older adults can connect, thrive, and celebrate community.



Rainbow Program

- 2SLGBTQIA+ seniors enjoyed a series of Lunch and Learns on topics such as Digital Literacy, Nutrition, Falls Prevention, Fire Safety, Anti-Oppression/Anti-Racism, and World History.
- We encouraged BI-POC 2SLGBTQIA+ seniors to join our Rainbow Program through a variety of inclusive activities.
- Seniors participated in diverse dance workshops, such as ballet, contemporary, line, ballroom, Broadway jazz, and Japanese and Jewish folk styles.
- We offered a series of Expressive Arts Workshops with Irene Gabinet.
- 2SLGBTQIA+ seniors enjoyed a wide variety of outings to the AGO, the ROM, Shevchenko Museum, Spadina Museum, Edwards Gardens and more.

Our Rainbow program tailored for 2SLGBTQIA+ seniors continued to thrive in 2024 with dynamic conversations, creative arts and crafts, and enlightening educational workshops. This inclusive program provided a safe space for 2SLGBTQIA+ seniors to connect, share experiences, and create deep bonds while participating in activities like games, trivia, light exercise, and community outings.





Sackville & Davenport

252 Sackville St • 250 Davenport Rd



We inaugurated the Sackville site in 2014 in response to a request from Bengali seniors in TCHC buildings who were experiencing language barriers to participating in social and recreational programs. This lively program has grown to serve many diverse seniors, in particular Chinese-Canadian seniors within the community. The Sackville Program is thriving with enjoyable activities and a sense of camaraderie and connection.

Sunshine programs at 250 Davenport commenced in 2016 following community requests for social and recreational activities. Over the past nine years, the initiative has evolved into a dynamic senior hub, offering a diverse array of health and wellness activities and fostering meaningful connections among participants. Davenport boasts a bustling sense of community, fun and social activity.



Sunshine in the East



80 Danforth Ave • 145 Strathmore Blvd

To address the need for seniors services in Toronto's east end, we launched a new initiative in 2021, made possible by a generous grant from the Ontario Trillium Foundation. Sunshine in the East offered activities at 2 Toronto Seniors Housing buildings. This project provides seniors in the east end of the city with opportunities to gather, socialize, engage in enjoyable activities, and participate in exercise programs, fostering a sense of community and well-being. In 2025 we have continued to offer activities at two program sites, and many of the participants are joining our programs at other locations. Throughout the year, we were able to serve and support 188 seniors with 2,347 visits.

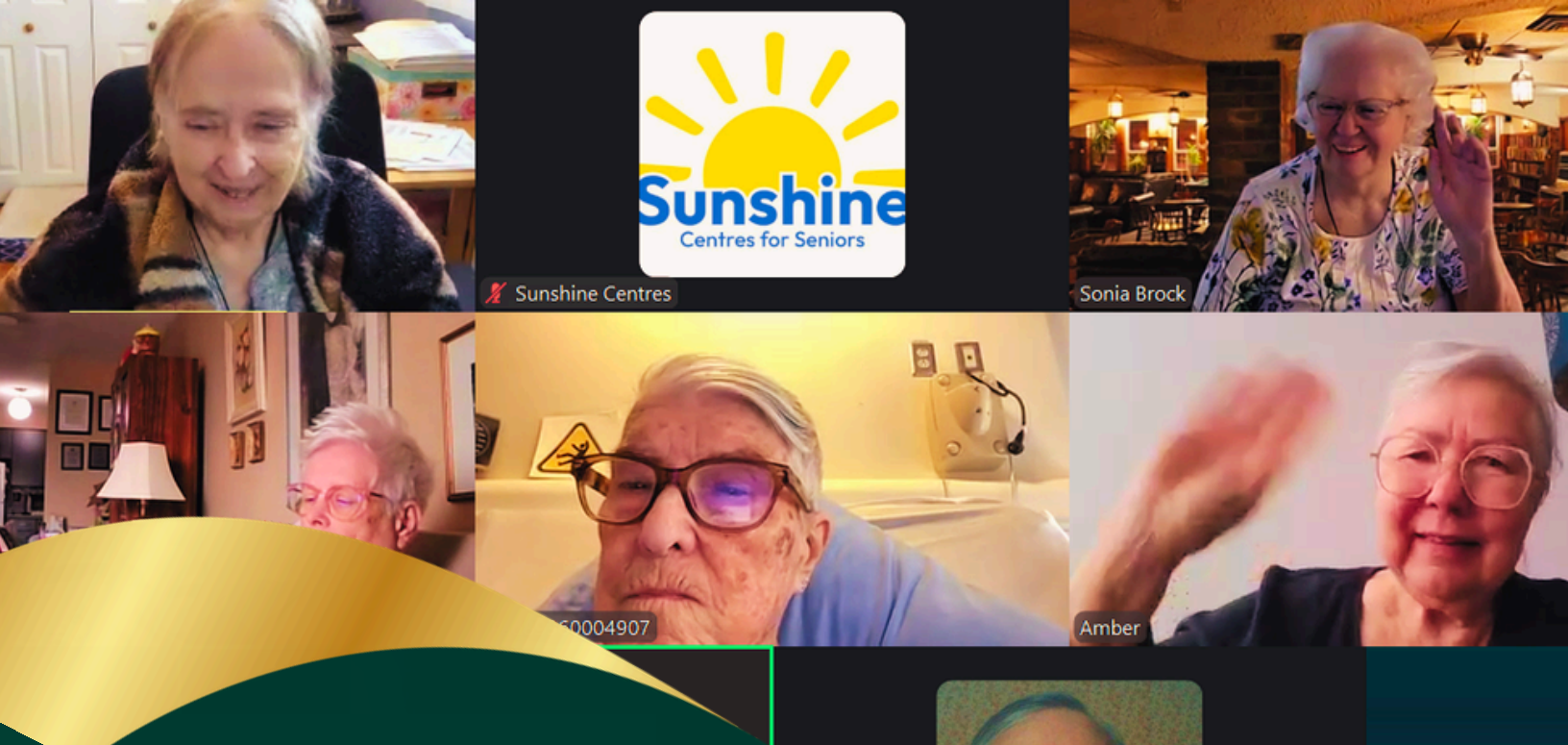


GROW Programs (New)



25 Elm St • 310 Dundas St E • 9 Haldon Ave

In October 2025, Sunshine Centres for Seniors proudly expanded our reach by launching three new program sites at 25 Elm Street, 9 Haldon Avenue, and 310 Dundas Street East. This exciting growth was made possible through a three-year Grow Grant from the Ontario Trillium Foundation. These new locations allow us to connect with even more older adults across Toronto, bringing our lively, inclusive programming to communities where it is needed most. From social and recreational activities to health and wellness supports, these sites are already helping to reduce isolation and foster meaningful connections among seniors. This expansion marks an important step forward in our mission to build a more connected, engaged, and supported aging community.



Virtual Programs



Bengali • Mandarin/Cantonese • Coffee/Tea/Sunshine • Short Story Club

Sunshine Centres for Seniors continued to offer a robust lineup of virtual programs in 2025, providing accessible and engaging opportunities for older adults to participate from the comfort of home. These programs included Bengali, Mandarin and Cantonese-speaking groups, Coffee/Tea/Sunshine Chats, a Short Story Book Club, Chinese Singing Lessons, and Gentle Exercise sessions.

Beyond serving participants within Toronto, our virtual offerings have also become an important way to connect with seniors outside of the GTA who are unable to attend in-person drop-in programs. Whether due to mobility challenges, caregiving responsibilities, or geographic distance, these programs help ensure that more older adults can stay socially connected, mentally stimulated, and actively engaged in the Sunshine community.



Special Projects

In 2025, Sunshine Centres for Seniors expanded its programming through several impactful project grants, enhancing both the reach and quality of our services. Through our Healthy and Active Seniors: Out and About Together initiative, we continued to provide social, recreational, and health promotion activities across our centres, alongside nutritious meals to address food insecurity. With support from the Rotary Club, we grew our outings program to include TTC trips within Toronto and bus excursions beyond the GTA, creating meaningful opportunities for seniors to stay active and connected. We were also proud recipients of our first Pride and Remembrance Run grant, supporting Rainbow Seniors OUT and About Together, which offered 2SLGBTQIA+ older adults a vibrant mix of outings and creativity and wellness sessions – fostering inclusion, connection, and overall well-being across our community.

- **Canada Life** – Annual Holiday Luncheons & Program Meals
- **Community One** – Dance Workshops, Neighborhood Walks, Outings to 2SLGBTQIA+ friendly restaurants and businesses, and Health & Wellness Events
- **New Horizons for Seniors** – Meet & Greet, Lunch & Learns, Intergenerational Crafting and Connections
- **Ontario Seniors Community Grant** – Cultural Special Events, Lunch & Learns, Tai Chi & Dance Classes, and Expressive Arts
- **Pride and Remembrance Run** – 2SLGBTQIA+ Outings, Expressive Arts, Fitness, and Wellness Programs
- **Rotary Club** – TTC and Bus Outings within Toronto and Beyond the GTA
- **Seniors Active Living Centre (SALC) Special Grants** – Expressive Arts & Mental Health Workshops
- **Seniors Active Living Fairs** – Hosted 3 informational fairs featuring vendors and presentations which promoted health and wellness for seniors.
- **Xenia Concerts Performances** – 4 concerts funded by the George C. Hunt Family Foundation





Supporters

Sunshine Centres for Seniors recognizes those who supported our organization in 2025. This generous support has made it possible for us to respond to our seniors' needs and create an inclusive, supportive and engaging community for older adults across the Greater Toronto Area.

SPECIAL THANKS TO:

GEORGE C. HUNT FAMILY FOUNDATION

FUNDERS:

CANADA LIFE ASSURANCE COMPANY
THE CATHERINE AND MAXWELL MEIGHEN FOUNDATION
THE ROTARY CLUB OF TORONTO CHARITABLE FOUNDATION
TIPPET FOUNDATION

MAJOR DONORS:

\$5,000 and over

ANGELA FJASTAD

\$2,000 and over

NATHAN AND LILY SILVER FOUNDATION
THE YONA & ZEV FRISHMAN ENDOWMENT
SAMANTHA HOTTA

BENEFACTORS:

\$1,000 and over

KENNETH G RUSSELL
LORRAINE GALE

SUPPORTERS:

\$500 and over

JOHN WALLACE
ROGER JACKSON
SUSAN ROLLER
VEENA BALRAM
WENDY YEUNG





Supporters

Continued...

Sunshine Centres for Seniors recognizes those who supported our organization in 2025. This generous support has made it possible for us to respond to our seniors' needs and create an inclusive, supportive and engaging community for older adults across the Greater Toronto Area.

FRIENDS

\$50 and over

ALAN GOTLIB
ANA ABREU-CHAN
BARBARA M READ
BRIAN SAMBOURNE
CHARMAINE IDING
CHRISTINE LESLIE
DAISY MCDONALD
DEBORAH ORR
DIANA LAWLOR
EUFEMIA PRUDENTE

FRANK MOENS
JANICE CUDLIP
JASON GAIOTTO
JOHN WHELAN
MARK HINCHCLIFFE
MARIA RIO
MICHAEL MACLAVERTY
MORGANA KELLYTHORNE
NANCY O'REILY
NATALIA SHIELDS

PARVEEN DURRANI
PETER MCNAUGHTON
PRATIMA SRIVASTAVA
SAMPATH SRIDHARA
SEUNGHEE "SUNNY" PARK
SMRITI DHAWAN
THERESA FUNG
TRACY LEE FAWCETT
WAYNE FUNG





Treasurer's Report



Global Expansion

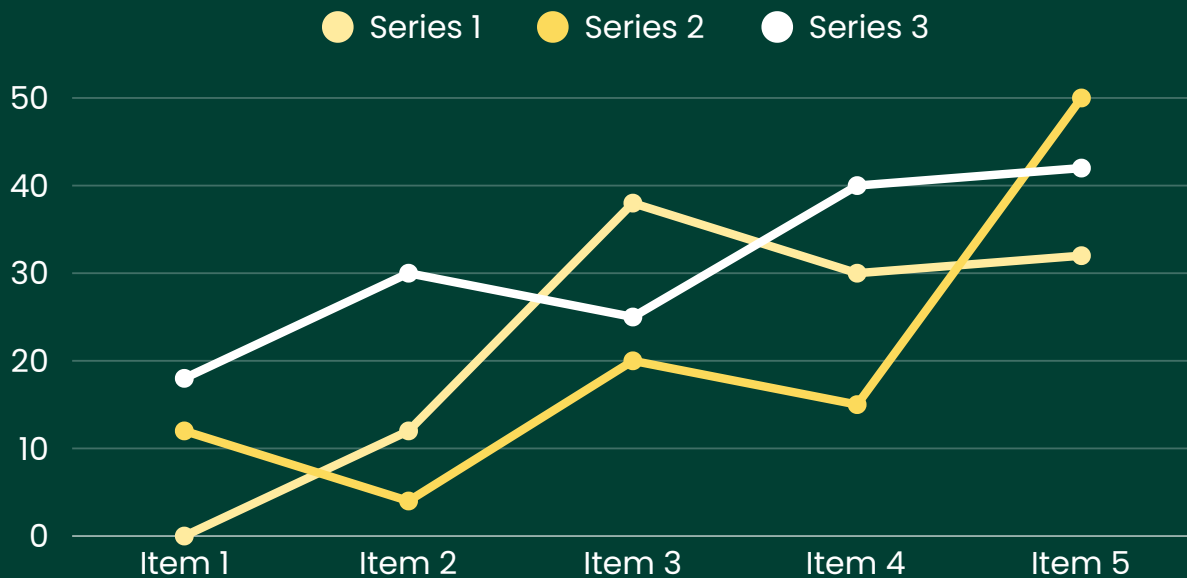
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Digital Innovation

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Financial Statements



Efficiency Improvements

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Thank You For Spreading Sunshine



Contact Us



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416-924-3979



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www.sunshinecentres.com



Email Address:

info@sunshinecentres.com