

WELCOME TO CAMP SUNSHINE



2026 INFORMATION PACKAGE
MAY 19 - SEPT 24, 2026



sunshinecentres.com



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CAMP SUNSHINE OVERVIEW



Join us at our fully wheelchair-accessible facility “The Parsonage” this summer for Camp Sunshine! Look forward to:

- A scenic 15-minute ferry ride
- Lively themed weeks
- Delicious BBQ lunches
- Lively golf cart tours and nature walks

A day at Camp Sunshine costs **\$8.00 per person** and includes a full day of programming and refreshments. Program subsidies are available upon request if needed.

Groups are welcome to bring their own lunch. BBQ burger lunches are available for \$9.00 per person.

Please note, there is a \$50.00 deposit required for group bookings of 20+ people. Please arrange to mail the deposit to our mailing address within 10 business days of receiving your booking confirmation to:

Sunshine Centres for Seniors
P.O. Box 3045, RPO Danforth
Toronto, ON M4J 0A1

Ferry tickets (round trip) are not included in the participant fees. They can be purchased at the ferry terminal or online. Online purchasing before your visit is strongly recommended.

[Click here to submit your booking request through our fillable form.](#) Spaces are limited and will fill up quickly.

A TYPICAL DAY AT CAMP SUNSHINE

Camp Sunshine runs from **Monday to Friday** each week. Check out the schedule below to find out how you will spend your day on the island.

10:00 A.M.

Arrive at the Jack Layton Ferry Terminal. **Board the 10:30 a.m. ferry to Ward's Island** and enjoy the 15-minute ride with Sunshine staff and volunteers.

10:45 A.M.

Arrive at Ward's Island and walk or catch a ride in one of our electric golf carts to our wheelchair-accessible facility. Please note, seating on golf carts is limited so those who are able are encouraged to walk.

11:00 A.M. PROGRAM START

Soak up some sun on our outdoor patio and enjoy refreshments served by staff and volunteers.

11:15 A.M.

Enjoy welcome announcements and conversation, followed by a spirited sing-along and gentle stretches.

11:30 A.M.

Take a short nature walk through our gardens, to Algonquin Island, or tour beautiful Ward's Island in our electric golf carts! Note: Tours run throughout the day. (5 people per cart)

12:30 P.M.

Lunch time! Enjoy refreshments served by our staff and volunteers. Participants are welcome to bring a lunch or can pre-order a BBQ burger lunch.

1:00 P.M.

Participate in themed activities and crafts, join a game of cards or trivia, or explore our picturesque gardens!

2:15 P.M. OR 2:45 P.M.

Board the ferry on the 15-minute ride back to the city.



[Click Here to Book now!](#) For more information or to volunteer, please contact camp@sunshinecentres.com or leave a message at 416-924-3979 ext. 550



CAMP SUNSHINE THEME WEEKS

Check out the calendar below to discover our theme weeks.
BBQ lunches are available for purchase. See Page 7 for Lunch Menu.



MAY 19 - 22 | ISLAND DISCOVERY WEEK

Kick off Camp Sunshine 2026 by exploring Ward's Island with trivia and scenic tours!



MAY 25 - 29 | CAMP SUNSHINE SPIRIT WEEK

Celebrate teamwork and friendly competition with games, challenges, and camp-style fun!



JUNE 1 - 5 | ENVIRONMENTAL WEEK

Discover ways to protect and care for the environment through nature walks, eco-crafts, and conversations about sustainability.



JUNE 8 - 12 | RAINBOW PRIDE WEEK

Celebrate love, diversity and community with music, crafts, and lots of rainbows at Camp Sunshine's Pride celebration!



JUNE 15 - 19 | CHINESE DRAGON BOAT WEEK

Experience the energy and tradition of the Dragon Boat Festival through trivia, stories, music, and crafts inspired by this lively celebration.



JUNE 22 - 26 | INDIGENOUS PEOPLES WEEK

Honour the cultures, histories, and contributions of Indigenous peoples through learning, storytelling, art, and meaningful reflection.



JUNE 29 - JULY 3 | TECHNOLOGY & DIGITAL SKILLS WEEK

Build confidence with technology! Learn practical tips for using smartphones, staying safe online, recognizing scams, and connecting with friends and family virtually.



JULY 6 - 10 | ART EXHIBITION WEEK

Unleash your creativity! Paint, craft, and create, then showcase your artwork in our Camp Sunshine Art Exhibition.



JULY 13 - 17 | CELEBRATE DIVERSITY WEEK

Experience Toronto's vibrant cultures through crafts, music, dance, and storytelling.

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JULY 20 - 24 | SELF CARE WEEK

Take time to relax, recharge, and nurture your well-being with calming activities, gentle movement, mindfulness, and creative expression.



JULY 27 - 31 | REDUCE, REUSE, RECYCLE WEEK

Turn everyday materials into creative treasures! Explore eco-friendly crafts and learn fun ways to reduce waste and protect our planet.



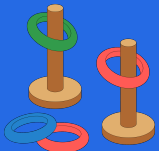
AUGUST 4 - 7 | INTERGENERATIONAL FRIENDSHIP WEEK

Connect across generations through storytelling, art, games & friendly conversation!



AUGUST 10 - 14 | GARDEN WEEK

Explore our blooming and lush gardens while enjoying the beauty of nature! Learn about plants, pollinators, and the joy of gardening.



AUGUST 17 - 21 | SPORTS & GAMES WEEK

Get moving with lawn games, gentle exercise, and friendly competitions designed for fun, laughter, and connection.



AUGUST 24 - 28 | WOMEN'S EMPOWERMENT WEEK

Celebrate the achievements and contributions of women through stories, music, conversation, and inspiring activities.



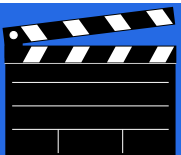
AUG 31 - SEPT 4 | HEALTH AND WELLNESS WEEK

Feel your best with activities that support physical, emotional, and social well-being.



SEPTEMBER 8 - 10 | CLIMATE ACTION WEEK

Explore how climate change is impacting our world through engaging discussions, nature activities, and eco-learning. Learn how to take action!



SEPTEMBER 15 - 17 | TIFF WEEK

Celebrate Toronto's iconic film festival with movie trivia, film-inspired activities, and conversations about favourite films and stars.



SEPTEMBER 22 - 24 | SUNSHINE TALENT WEEK

Step into the spotlight! Share your unique talents such as singing, storytelling, comedy, poetry in a joyful celebration of creativity.

CAMP SUNSHINE SPECIAL EVENTS

Learn more about our exciting special events.

Events cost \$17.00 (admission + BBQ Lunch) per person with a sliding scale available.

JUNE 12 | INTERGENERATIONAL RAINBOW PRIDE FESTIVAL

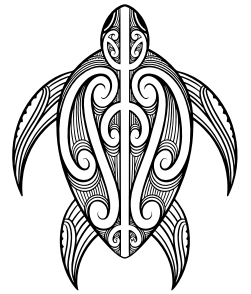


Show your Pride at Sunshine's Intergenerational Rainbow Pride Festival! Celebrate love, diversity, and community with our 2SLGBTQIA+ seniors, allies, and friends. Enjoy a dazzling drag performance and a vibrant Xenia Concerts performance with Trash Panda Brass!

Time: 11:00 a.m. to 2:00 p.m.

JUNE 24 | INDIGENOUS PEOPLES DAY

Join us as we honour and celebrate the rich cultures, traditions, and the contributions of Indigenous peoples. Featuring a special guest speaker Lori Lamarche Boros and an Xenia Concerts performance with Sultans of Strings.



Time: 11:00 a.m. to 2:00 p.m.

JULY 15 | ANNUAL STRAWBERRY FESTIVAL



We're celebrating all things strawberry at our beloved Annual Strawberry Festival! Enjoy a berry-sweet afternoon filled with delicious treats, community spirit, and a lively Xenia Concerts performance.

Time: 11:00 a.m. to 2:00 p.m.

AUG. 21 | SPORTS & GAMES FAIR

Join our intergenerational Sports & Games Fair for an exciting afternoon of movement, friendly competition, and playful fun! Enjoy a variety of sports, lawn games, and opportunities to connect across generations.



Time: 11:00 a.m. to 2:00 p.m.

SEPT. 10 | ENVIRONMENTAL ACTION DAY



Celebrate and protect the earth at our Environmental Action Day! Take part in eco-arts activities, pollinator garden tours, and engaging workshops exploring climate action and environmental conservation.

Time: 11:00 a.m. to 2:00 p.m.

CAMP SUNSHINE LUNCH MENU

BBQ BEEF BURGER

Served with coleslaw and potato chips.

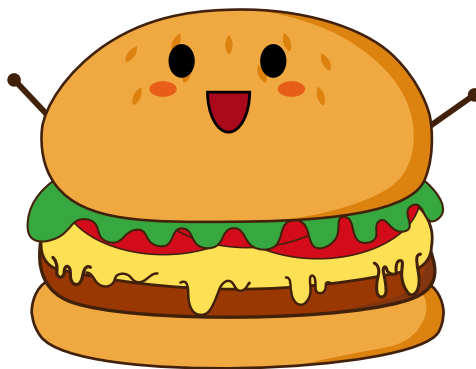
BBQ VEGETARIAN BURGER

Served with coleslaw and potato chips.

Lunches available for \$9.00 per person.

Group bookings: Kindly submit lunch orders to Camp Sunshine 5 business days prior to your group's visit. [Click Here to download our lunch & attendance form.](#)

We are unable to provide special diet requests, including pureed or thickened meal options. Those with dietary restrictions are encouraged to bring their own lunch.



WARD'S ISLAND FERRY SCHEDULE

The ferry schedule listed below is based on the 2025 schedule. The schedule is set by the City and is subject to change. Track the [ferry schedule online](#).

Departs City	Departs Ward's Island
9:00 a.m.	9:15 a.m.
9:30 a.m.	9:45 a.m.
10:30 a.m.	10:45 a.m.
11:30 a.m.	11:45 a.m.
12:00 p.m.	12:15 p.m.
12:30 p.m.	12:45 p.m.
1:30 p.m.	1:45 p.m.
2:00 p.m.	2:15 p.m.
2:30 p.m.	2:45 p.m.
3:30 p.m.	3:45 p.m.

TICKETS AND PRICING

Tickets can be pre-purchased [here](#) or at the Jack Layton Ferry Terminal upon arrival.

RETURN TRIP PRICES: SENIORS - \$6.15 ADULTS - \$9.57

The ferry ride to **Ward's Island** is approximately 15 minutes. If you need assistance upon arrival at the terminal, please look for Sunshine Centres' staff in blue branded t-shirts!



sunshinecentres.com



[@sunshinecentres](https://www.instagram.com/sunshinecentres)



[SunshineCentresforSeniors](https://www.facebook.com/SunshineCentresforSeniors)