



WELCOME TO CAMP SUNSHINE



2024 INFORMATION PACKAGE



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BOOK NOW FOR **THE 2024 SEASON!**

Join us at our fully wheelchair-accessible facility, “The Parsonage,” this summer for Camp Sunshine! Look forward to:

- A peaceful 15-minute ferry ride
- Lively themed weeks
- Delicious BBQ lunches
- Stunning golf cart tours and nature walks

A day at Camp Sunshine costs **\$8.00 per person** and includes a full day of programming and refreshments. Program subsidies are available upon request if needed.

Groups are encouraged to bring their own lunch. Sandwich lunches are available, as well as BBQ lunches on BBQ weeks, for \$9.00/person.

Please note, there is a \$50.00 deposit required for group bookings. Please arrange to send or drop off the deposit at 1033 Pape Ave, Suite 8, at least 5 business days before your visit. Group organizers are also asked to complete the attached Group Registration Form at time of registration.

Ferry tickets (round trip) are not included in the participant fees. They can be purchased at the ferry terminal or online. Online purchasing before your visit is strongly recommended.

Please be advised that all participants, volunteers and visitors require at least 2 COVID-19 vaccines.

Reserve your spot now through our [online registration system](#)! Spaces are limited and will fill up quickly.

A TYPICAL DAY AT CAMP SUNSHINE

Camp Sunshine runs from **Monday to Friday** each week. Check out the schedule below to find out how you will spend your days on the island.

9:00 A.M.

Arrive at the Jack Layton Ferry Terminal. Board the **9:30 a.m.** ferry and enjoy the 15-minute ride to **Ward's Island** with Sunshine staff and volunteers.

9:45 A.M.

Arrive at Ward's Island and walk or catch a ride in one of our electric golf carts to our wheelchair-accessible facility. Please note, seating on golf carts is limited so those who are able are encouraged to walk.

10:00 A.M. PROGRAM START

Soak up some sun on our outdoor patio and enjoy refreshments served by staff and volunteers.

10:15 A.M.

Enjoy welcome announcements and conversation, followed by a spirited sing-along and gentle exercises.

11:00 A.M.

Take a short nature walk through our gardens or to Algonquin Island, or tour beautiful Ward's Island in our electric golf carts! Note: Tours run throughout the day. (5-6 people per cart)

12:00 P.M.

Lunch time! Enjoy refreshments served by our staff and volunteers. Participants are encouraged to bring a lunch or can pre-order a meal from our lunch menu.

1:00 P.M.

Participate in themed activities and crafts, join a game of cards or trivia, or explore our spacious gardens!

2:45 P.M.

Board the ferry and relax on the 15-minute ride back to the city.



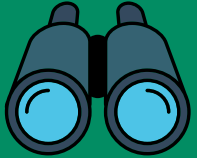
Book now! For more information or to volunteer, please contact camp@sunshinecentres.com or leave a message at 416-924-3979 ext. 55.



CAMP SUNSHINE THEME LIST

Check out the calendar below to discover our theme weeks.

MAY 21 - JULY 5



MAY 21 - 24 | ISLAND DISCOVERY & HISTORY WEEK

Kick off Camp Sunshine 2024 by exploring beautiful Ward's Island!



MAY 27 - 31 | CARING RAYS OF SUNSHINE WEEK

Join us for a week of self-care and exploration as we focus on mental health's impact on our minds, bodies, and souls.



JUNE 4 - 8 | PRIDE WEEK

Celebrate Pride with trivia, games and lots of rainbows! (BBQ Week)



JUNE 10 - 14 | CHINESE DRAGON BOAT WEEK

Commemorate the Chinese national holiday dedicated to dragon boat racing.



JUNE 17 - 21 | INDIGENOUS PEOPLES WEEK

Honour the cultures and traditions of Canada's Indigenous peoples. (BBQ Week)



JUNE 24 - 28 | CLIMATE ACTION WEEK

Join us as we take action together against climate change.



JULY 2 - 5 | INTERGENERATIONAL SPIRIT WEEK

Join us for a week dedicated to uniting generations through sports and games. (BBQ Week)

CAMP SUNSHINE THEME LIST

Check out the calendar below to discover our theme weeks!

JULY 8 - AUGUST 23



JULY 8 - 12 | ART EXHIBITION WEEK

Get creative this week as we show off art created by our very own participants.



JULY 15 - 19 | CELEBRATE DIVERSITY WEEK

Explore Toronto's rich cultures through crafts, dance, and music.



JULY 22 - 26 | REDUCE, REUSE, RECYCLE WEEK

Join as we create art to reduce our carbon footprint. (BBQ Week)



JULY 29 - AUGUST 2 | CARIBBEAN CULTURAL WEEK

Celebrate the vibrant Caribbean culture with music, dancing and crafts.



AUGUST 6 - 9 | INTERGENERATIONAL FRIENDSHIP WEEK

Join us for a week of conversation, story telling and creating art together. (BBQ Week)



AUGUST 12 - 16 | CAMP SUNSHINE GARDEN WEEK

Get your hands dirty this week in Camp Sunshine's garden space.



AUGUST 19 - 23 | 50'S WEEK

Re-visit the music, fashion, and pop culture of the 1950s. (BBQ Week)

CAMP SUNSHINE THEME LIST

Check out the calendar below to discover our theme weeks!

AUGUST 26 - SEPTEMBER 27



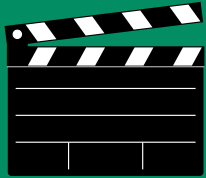
AUGUST 26 - AUGUST 30 | WOMEN'S EMPOWERMENT WEEK

Join us as we celebrate women's contributions to society.



SEPTEMBER 3 - 6 | HEALTH AND WELLNESS WEEK

Join us for a week to relax, re-energize and learn self-care practices



SEPTEMBER 9 & 13 | TIFF WEEK

Sunshine goes to Hollywood! Take part in film trivia, movie screenings, and Camp Sunshine's red carpet.



SEPTEMBER 16 - 20 | SUNSHINE TALENT WEEK

Show off your talent with the Sunshine community. (BBQ Week)



SEPTEMBER 23 - 27 | COUNTRY HARVEST WEEK

Cut loose and practice your line dancing moves as we celebrate Country Harvest Week!

CAMP SUNSHINE 2024 SPECIAL EVENTS

For details on our special events; Intergenerational Rainbow Pride Festival, Environmental Action Day, Indigenous Heritage Day, Strawberry Festival, 50s Sock Hop, and Mosaic's Harvest Festival check out our Special Events page.



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CAMP SUNSHINE LUNCH MENU

Groups are encouraged to bring a lunch. Sandwich lunches (including salad, chips and fruit) are available for purchase for \$9.00/person.

TURKEY SANDWICH

Turkey slices, mayo and mustard served on whole wheat bread.

ROAST BEEF SANDWICH

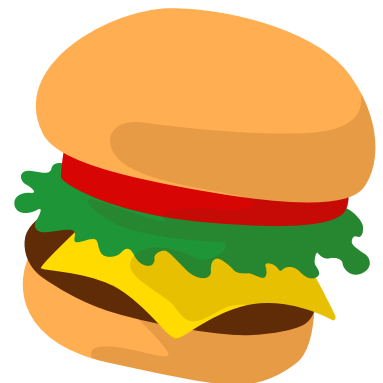
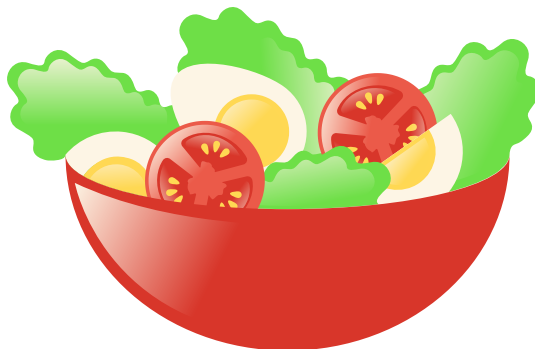
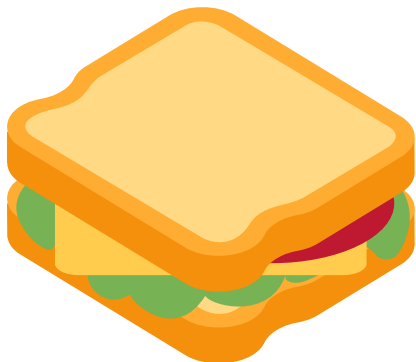
Roast beef slices, mayo and mustard served on whole wheat bread.

VEGGIE OPTION

Cucumber and cream cheese served on whole wheat bread.

BBQ MEAL

BBQ beef or veggie burger served on a whole wheat bun. Available during BBQ weeks only.



CAMP SUNSHINE SPECIAL EVENTS

Learn more about our exciting special events.

Events cost \$15.00 (admission + BBQ Lunch) per person with a sliding scale available.



JUNE 8 | INTERGENERATIONAL RAINBOW PRIDE FESTIVAL

Show your Pride on Saturday, June 8, at Sunshine's Intergenerational Rainbow Pride Festival! We're excited to celebrate in person with our 2SLGBTQIA+ seniors, allies and community members! Featuring a special Xenia Concert with the Queer Songbook Orchestra.

Time: 11:00 a.m. to 2:30 p.m.

JUNE 25 | ENVIRONMENTAL ACTION DAY

Take Action at our Environmental Action Day to increase awareness about environmental protection, sustainability, climate change and conservation. Featuring gardening and eco-art activities, and musical performance by Songs For Life.

Time: 11:00 a.m. to 2:30 p.m.



JULY 11 | ANNUAL STRAWBERRY FESTIVAL

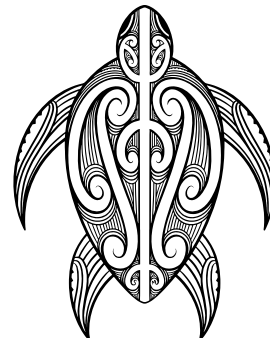
We're celebrating all things strawberry at our Annual Strawberry Festival! Join us on Thursday, July 11, for a berry fun afternoon featuring a Xenia Concert with James Baley and Andrew Rasmussen!

Time: 11:00 a.m. to 2:30 p.m.

JULY 26 | INDIGENOUS HERITAGE DAY

Join our Indigenous Heritage Day to honour and celebrate the Indigenous cultures of Canada. Featuring a special guest speaker and craft activities.

Time: 11:00 a.m. to 2:30 p.m.



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AUGUST 23 | '50s SOCK HOP

Get ready to twist, jive and boogie at Sunshine's Annual '50s Sock Hop! Join us on Friday, August 23, for a 1950's flashback featuring a Grease-Themed Musical Theatre Dance Workshop by Jianna Neufeld!

Time: 11:00 a.m. to 2:30 p.m.

SEPT. 23 | MOSAIC'S HARVEST FESTIVAL

Join our Harvest Festival celebration brought to you by Mosaic Home Care. Participate in gardening workshops with Horticultural Therapist Emma Rooney, and enjoy a delicious lunch and fun fall activities!

Time: 11:00 a.m. to 2:30 p.m.



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WARD'S ISLAND FERRY SCHEDULE

The ferry schedule listed below is based on the 2023 schedule. The schedule is set by the City and is subject to change. Track the [ferry schedule online](#).

Departs City	Departs Ward's Island
9:00 a.m.	9:15 a.m.
9:30 a.m.	9:45 a.m.
10:30 a.m.	10:45 a.m.
11:30 a.m.	11:45 a.m.
12:00 p.m.	12:15 p.m.
12:30 p.m.	12:45 p.m.
1:30 p.m.	1:45 p.m.
2:00 p.m.	2:15 p.m.
2:30 p.m.	2:45 p.m.
3:30 p.m.	3:45 p.m.

TICKETS AND PRICING

Tickets can be pre-purchased [here](#) or at the Jack Layton Ferry Terminal upon arrival.

RETURN TRIP PRICES: SENIORS - \$5.86 ADULTS - \$9.11

The ferry ride to **Ward's Island** is approximately 15 minutes. If you need assistance upon arrival at the terminal, please look for Sunshine Centres' staff in blue branded t-shirts!



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