

A TYPICAL DAY AT CAMP SUNSHINE

2021



10:00 A.M.

Grab your favourite morning beverage and join us for a party line-style chit chat with the Camp Sunshine crew and friends!

11:00 A.M.

Lunch time! Everyone will sign off Zoom for the opportunity to take a break, stretch, and grab something to eat.

11:30 A.M.

Join our Camp Sunshine staff as we stretch it out and stay active with some gentle, easy-to-follow fitness classes!

12:30 P.M.

From the comfort of your home, enjoy an interactive nature activity or a golf cart tour of the Toronto Islands.

1:00 P.M.

Tune in to find out what engaging themed activity we have planned for the day! Look forward to an assortment of interesting and entertaining segments. See pages 1 & 2 for the list of weekly themes.

2:00 P.M.

It's time to wrap up the day and say our goodbyes until we meet again!

For more information, please call 416-924-3979 or e-mail info@sunshinecentres.com.

