

Resuming Seniors Activities during Covid- 19 – Information for Participants

In order to reduce risk and keep you as safe as possible, Sunshine will:

- Screen all staff and participants each time they participate in a Sunshine activity day
- Provide hand sanitizer at each activity location
- Ensure that all participants wear masks when in program and stay 2 metres apart before, during and after the activity
- Limit the number of participants and types of activities allowed
- Clean supplies, equipment and surfaces after each use

Your Responsibilities as a Sunshine Participant

Consider your own situation and personal risk level before deciding to attend an in-person activity. If health issues put you or someone you live with at very high risk, please consider virtual activities instead. If you join us in person, you must:

- perform a self-screen before each visit
- answer all screening questions when you arrive
- complete the sign-in sheet when you arrive
- use hand sanitizer when you arrive
- not share supplies and equipment with others
- follow all safety instructions, including wearing a mask, reading all floor signs and staying 2 meters apart from others, and anything else that the staff or instructor tells you to do.

Please make sure you understand everything written here. If there is something you don't understand, please ask a staff person to explain it to you. **If you do not follow instructions, you will not be allowed to participate in the program.**

Declaration of Compliance:

I, (Print full name of participant) _____
understand and agree to comply with my responsibilities as a member of Sunshine Centres.

I understand that I will be asked to leave the program if I do not follow staff directions.

Signed: _____ Date: _____